

MONDAY EVENING

MARCH 23, 2026

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30		
3	3 3 News (N)	ET (N)	St. Denis (N)	The Fall (N)	The Voice "The Battles Part 2" (N)				3News at (N)	(:35) J. Fallon		
5	5 News (N)	Hollywood	American Idol (N)				The Rookie "Spy Games" (N)		News 5 (N)	(:35) J. Kimmel		
8	8 Fox 8 News	Family Feud	Extracted (N)			Memory of a Killer (N)	Fox 8 News at 10:00pm (N)		Big Bang	Two Half Men		
19	11 Wheel (N)	Jeopardy! (N)	Neighbor (N)	DMV (N)	FBI "Crusader" (N)		CIA "Persian Knights" (N)		19 News at	(:35) Colbert		
21	4 Inside (N)	Family Feud	St. Denis (N)	The Fall (N)	The Voice "The Battles Part 2" (N)				News (N)	(:35) J. Fallon		
27	6 Wheel (N)	Jeopardy! (N)	Neighbor (N)	DMV (N)	FBI "Crusader" (N)		CIA "Persian Knights" (N)		First News	(:35) Colbert		
33	7 33 at 7 (N)	ET (N)	American Idol (N)			The Rookie "Spy Games" (N)		News Chan.	(:35) J. Kimmel			
43	9 19 News at	19 News First	Law & Order: SVU "Wrath"		19 News at 9 PM		News	(:45) Sports		Law & Order: SVU "Stolen"		
45	2 PBS News Hour (N)	Antiques Roadshow		Antiques "Vintage Cleveland"		World According		Amanpour and Company (N)				
62	10 Big Bang	Big Bang	Extracted (N)		Memory of a Killer (N)		First News on Fox (N)		Seinfeld	Seinfeld		
A&E	Live PD: Great. "Episode 1"		Live PD: Great. "Episode 41"			Live PD "Episode 2" (N)		Live PD "Episode 3" (N)		(:05) Live PD: Greatest Shifts		
AMC	(5:45) ♣ London Has Fallen		♣♣♣ The Italian Job '03 Charize Theron, Ed Norton, Mark Wahlberg.				♣♣♣ Olympus Has Fallen '13					
ANPI	Finding Bigfoot "CSI Bigfoot"		Alaskan Bush People (N)		Alaskan "Heart of a Wolf" (N)		Alaskan "Growing Pains" (N)		Alaskan "Coming Home" (N)			
BET	Payne		(:35) Payne		(:10) Payne		(:50) Payne		(:25) House of Payne		Payne	
BRAVO	Below Deck "Burnt Bridges"		Below Deck Down "Call Me By My Name" (N)			Top Chef "True Colors" (N)		(:45) Real Housewives		BelowDeck		
CBSSN	Course Record (N)		Golf (N)	Club Life (N)	My World (N)	Poker (N)	Athletes Unlimited Pro Softball					
CMT	Mama's	Mama's	Reba	(:35) Reba		(:10) Reba		(:40) Reba		(:15) Reba		
CNBC	Shark Tank		Shark Tank			Shark Tank		Shark Tank		Shark Tank		
CNN	E. B. OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)			
COM	The Office		(:35) Office		(:10) Office		(:45) Office		(:20) The Office		(:55) Office	
DISC	Contraband: Seized		Contraband "#NoFilter" (N)			Body Cam (N)		120 Hours Behind Bars		Contraband: Seized		
E!	(6:00) ♣♣♣ Dodgeball '04		♣♣♣ Blades of Glory '07 Jon Heder, Will Ferrell.				♣♣♣ Dodgeball '04 Christine Taylor, Vince Vaughn.					
ESPN	(6:00) NCAA W. Basketball		NCAA W. Basketball Second Round: Teams TBA (N) (Live)				NCAA W. Basketball Second Round: Teams TBA (N) (Live)					
ESPN2	NCAA W. Basketball Second Round: Teams TBA (N) (Live)				TGL Golf Jupiter Links GC vs. Los Angeles Golf Club (N)			SportsCenter (N) (Live)				
FDOH	(5:30) Golic		Full Court Cleveland		Cont.		Fight Sports: In 60		Bensinger		Cruise In	
FNC	Ingraham (N) (Live)		Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		Beat Bobby	
FOOD	Beat Bobby		Beat Bobby		Beat Bobby		The Ultimate Baking (N)		Beat Bobby		Beat Bobby	
FREE	(5:30) ♣ Jumanji: Welcome to...		♣♣♣ Spider-Man: Homecoming '17 Michael Keaton, Robert Downey, Tom Holland.						The 700 Club (N)			
FX	(5:30) ♣♣♣ Iron Man 2 '10		♣♣♣ Iron Man 3 '13 Gwyneth Paltrow, Don Cheadle, Robert Downey.						♣♣♣ Fantastic Four '05			
GOLF	PGA (N)		PGA TOUR		Becoming ANNIKA		PGA Tour Golf Valspar Championship, Final Round					
HALL	(6:00) ♣ Two Tickets to Paradise		♣ Groundswell '22 Ektor Rivera, Lacey Chabert.				Golden Girls		Golden Girls		Golden Girls	
HGTV	Dream Home	Dream Home	Bachelor Mansion (N)		Neighbor. (N)	Neighbor. (N)	Hunters	Hunters	Hunters	Hunters		
HIST	History's Greatest Mysteries		History's Greatest Mysteries		History's-Mysteries (N)		(:05) History's Deadliest (N)		(:05) History's "Weapons"			
HN	Forensic		Forensic		Forensic		Forensic		Forensic		Forensic	
TON	Chicago P.D.		Chicago "The Bleed Valve"		Chicago P.D. "Fight"		Chicago P.D. "New Life"		Chicago P.D. "A Better Place"			
LIFE	NCIS "Kill Screen"		NCIS "One Last Score"			NCIS		(:05) NCIS "Tell-All"		(:05) NCIS "Two-Faced"		
MSNBC	The Weeknight (N) (Live)				The Rachel (N) (Live)		Last Word (N) (Live)		The 11th Hour With (N) (Live)			
MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NGEO	Life Below Zero: First Alaskans "Misery and Reward"				Incas: The Rise and Fall		Incas: The "The Golden Age"		Incas: The Rise and Fall			
NICK	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang		(:40) Big Bang		(:15) Big Bang	
OXY	Snapped "Stella Lacy"		Snapped "Holly McFeeture"			Snapped		Snapped "Joann Helfrich"		Snapped "Marjorie Orbin"		
PARMT	(6:00) ♣♣♣ The Hangover '09			♣♣♣ The Hangover Part II '11 Ed Helms, Bradley Cooper.				♣♣♣ The Hangover '09				
SYFY	(4:30) ♣ Harry Potter & the Go...		♣♣♣ Harry Potter and the Order of the Phoenix '07 Rupert Grint, Daniel Radcliffe.				♣ Harry Potter & the Half-Bloo...					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
TCM	(6:30) ♣♣♣ Act of Violence		♣♣♣ Tommy '75 Ann-Margret, Roger Daltrey.				♣♣♣ Chicago '02 Catherine Zeta-Jones.					
TLC	90 Day: The Single Life		90 Day: The Single Life (N)		Unexpected (N)		(:05) The Single Life (N)		(:05) 7 Little Johnstons			
TNT	6:00 ♣♣ Big Daddy '99		♣♣♣ Central Intelligence '16 Kevin Hart, Dwayne Johnson.				♣♣ Big Daddy '99 Joey Lauren Adams, Adam Sandler.					
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty		
TRAV	(6:00) Mysteries- Unk.		Mysteries of the Unknown				Mysteries of the Unknown					
TRU	♣♣♣ Hoosiers '86 Barbara Hershey, Gene Hackman.				Foul Play	2026 NCAA Men's Basketball Tournament			NCAA M. Basketball			
TVL	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King		
USA	Law & Order: SVU "Pure"		Law & Order: SVU "Demons"		Law & Order: SVU "Raw"		Law & Order: SVU "Name"		Law & Order: SVU "Starved"			
WH1	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out		
WE	Criminal Minds "Machismo"		Criminal "Charm and Harm"				Criminal "Secrets and Lies"		Criminal Minds			
DISN	Big City	Big City	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug		
FLIX	(6:35) ♣ Naked Gun: From the ...		♣♣♣ South Park: Bigger, Longer & Uncut			♣♣♣ Team America: World Police '04		(:10) ♣♣ The Faculty '98				
HBO	♣♣♣ Three Billboards Outside Ebbing, Missouri '17				Born (N)	Born to Bowl	DTF St. Louis		(:50) Born		(:20) Comeback	
HBO2	(:05) Comeback		(:40) DTF St. Louis		Born to Bowl		♣♣♣ Drag Me to Hell '09 Alison Lohman.		(:40) Comeback		(:15) DTF St. Louis	
HBO3	(:20) ♣♣♣ Twilight '08 Robert Pattinson, Kristen Stewart.				(:25) ♣♣♣ The Twilight Saga: New Moon '09 Kristen Stewart.		Movie					
MAX	(5:45) ♣ Split		(:45) ♣♣♣ Snatched '17 Amy Schumer.		(:15) ♣♣♣ Aquaman and the Lost Kingdom '23		(:20) ♣♣♣ Suicide Squad					
PARSHO	(6:00) ♣♣♣ The Foreigner		♣ Not Without Hope '25 Josh Duhamel, Zachary Levi.				♣♣♣ Patriots Day '16 Kevin Bacon, Mark Wahlberg.					
SHOW2	(6:05) ♣♣♣ Scream '96		♣♣♣ Scream 2 '97 Neve Campbell, David Arquette.				♣♣♣ Scream 3 Neve Campbell, David Arquette.					
STARZ	(6:30) ♣ Bridget Jones's Diary		(:10) ♣♣♣ Bridget Jones: The Edge of Reason '04				♣♣♣ Bridget Jones's Baby '16 Renée Zellweger.					
STZENC	(:10) ♣♣♣ The Long Walk '25 Cooper Hoffman.				♣♣♣ Flight '12 Don Cheadle, Denzel Washington.				(:20) ♣♣♣ The Hurricane			